

DYNAMIX DANCE CENTER

**STUDENT
HANDBOOK**

YOUR GUIDE TO A PRODUCTIVE SEASON

Welcome to DYNAMIX DANCE CENTER!

Our philosophy at Dynamix is to educate dancers by teaching the art form of dance. This means that the majority of time spent in class will focus on technical skills needed to execute the most basic movements. All of our instructors are highly qualified either by dancing or competing professionally, or having earned degrees and/or certifications in their specified areas of expertise, including fitness.

Of course, we will hold an annual dance production at the end of the season, however, work for that will not start until after the new year. Dancers need to have a good background and understand their capabilities before they are expected to perform on stage. Every show will be based on one theme, and every class will perform a piece relating to that year's particular theme.

Dance, *as pure movement*, is steps put to music not relating to any type of theme; also known as *commercial*. Dance, *as the art form*, primarily tells a story with one's body & communicates to the audience without using words. At Dynamix, we focus on the latter of the two.

If you, or your children, are ready for the next step in dancing & fitness instruction, this is where you belong. Although we will offer classes in all levels, from beginner through advanced, students will be challenged and expected to work hard in class to obtain the maximum results. To say "dance is fun" is an understatement. DANCE IS A PASSION. Let Dynamix Dance Center keep that passion alive and growing, as we will strive to give the gift of dance.

Rules & Regulations

Below are a few guidelines that we, as an educational institution, feel are necessary to be familiarized to make this year run smoothly. Please take a moment, and review the regulations asked of you as a student and/or parent.

- **CLASS LEVELS** are based on years of training and experience, however, every student differs. If the instructor feels that a particular level may be either too elementary or too advanced, the student will be placed accordingly as to gain the most out of the class. Pointe classes are available only by teacher recommendation. Modern Dance classes need a Ballet class as a prerequisite. Levels are as follows:

BEGINNER - a slow paced class, little or no experience necessary

INTERMEDIATE - a higher paced class, and 2 to 4 years experience

ADVANCED - a fast paced class, must have at least 3 to 5 years of experience

- In **AGE APPROPRIATE** classes, students need to have turned the specific age by the end of September (ex. If a two year old wants to enroll, but does not turn three until the end of November, he/she must wait until the following year).
- All pre-schoolers must be potty trained!
- A **REGISTRATION FEE** of \$15 per student (for returning students, \$10) is due at the time of registration. This fee is nonrefundable.
- **TUITION** is expected to be paid on time. The office will be open Monday through Thursday from 6:00-8:00PM each week to collect tuition or have any questions answered about your account. Payments may also be mailed to:

Dynamix Dance Center
1798 Broadway rear
Bethlehem, PA 18015

Please make checks payable to Dana Flok

** Late payments (after the 10th of the month) will be charged a fee of \$10 and added to the following month's tuition. A 10% discount is given to any student who wishes to pay in full for the entire year. **All tuition is non-refundable.**

***** Family Deals are now available!** If 2 or more students, living at the same

address, enroll for the year, a 10% discount will be applied monthly to each student's invoice.

- The studio will be **CLOSED FOR HOLIDAYS** as follows:
 - NOVEMBER - Thanksgiving (Thursday through Monday)
 - DECEMBER - Holiday Vacation (Dec. 24 - Jan. 1)
 - APRIL - Spring Break/Easter Holiday (Thursday - Monday)
 - MAY - Memorial Day

- If **CLASSES ARE CANCELLED** due to inclement weather, or other various conflicts, there will be a make-up class offered at another time (most likely weekends). Dynamix will not hold make-up classes for holidays.

- **ABSENCES** - It is encouraged to maintain a good attendance to achieve the most out of each class. If a student was absent from a class due to illness, vacation, or other conflicting issues, tuition will not be reimbursed. Tuition is based on monthly payments from September through June, not per class. However, if an injury occurs or any other medical condition hindered the participant from coming to class, we will work out a specific plan for that student.

- **BEING TARDY** is unacceptable. We understand certain things can detain one from making it to class on time; nonetheless, it is distracting to the instructor and participants when a student disrupts a class by walking in late. This also pertains to parents picking their child up at the end of class. If a habit of being tardy is brought to our attention, it will not be tolerated for any means and will be dealt with accordingly.

- **NO FOOD OR DRINK** is allowed in the studios at any time. You may bring water, however, do not bring it into class with you as drinks may spill and cause serious injury.

- **All KICKBOXING, YOGA, JAZZ-AEROBICS & PILATES** classes involve mat work. Each student must bring their own mat, and eights, if applicable.

- **ATTENTION ALL SERIOUS DANCE STUDENTS:** We are not a school based on competition and performance; however, it is healthy to expand performance opportunities to those students who are ready for the challenge of competition. In mid-September, students 13 & Up (or dancing at an Intermediate/Advanced level) will have a chance to audition for our dance ensemble. This group will compete in at least two competitions and travel to NYC to take class with professionals. The group will also have special performances outside Dynamix. Students need to be enrolled in both a Classical Ballet class and Jazz/Lyrical technique class. This is for serious and committed dance students only. For more information, ask Dana or Dani.

- **Following DRESS CODES is a must.** If a student shows up for class in clothes which are inappropriate for their specific class, they may be asked to sit and watch the class instead of participating. The reason why dress codes are so important, is because it makes it easier for the instructor to recognize incorrect body alignment, therefore, they can make the proper corrections. By wearing baggy shirts or loud colors only covers up mistakes and distracts the instructor. To gain the most out of class, each student needs to follow the dress code. For a class by class breakdown, refer to the next page.

- **PRIVATE LESSONS** are available throughout the year for special one on one instruction. Rates are as follows:

PRIVATE LESSON (solo): \$70 a month

SEMI-PRIVATE (2 or 3): \$60 a month, per student

Adults who take a private, or semi-private lesson, need to be at an advanced level to perform in our dance production.

- **A GOOD ATTITUDE** is what every student needs to achieve the best results during class. If you have faith in your instructor, listen to your corrections without getting frustrated, and show respect to the class and your teacher, then you have a positive attitude. Remember to leave any doubts about yourself at the door. Dance and sweat out all your frustrations from your daily routine, but most of all, have fun!! -- Show us your passion.

DRESS CODE

Ballet - pink ballet shoes, black leotard, pink tights, skirts are optional, no shirts, shorts, or pants allowed---Students will be asked to take over garments off!

(Boys: white undershirt & black pants)

Tap - black tap shoes (ages 3-6, mary-jane style; 7 & Up, oxford), black leotard, white, black or tan tights, jazz pants or shorts optional.

Jazz - black jazz shoes (slip-on & split sole preferred), black leotard, white, black, or tan tights, jazz pants or shorts optional. (Boys: black shirt & pants)

Lyrical - tan slip-on jazz shoes, black leotard, white, black, or tan tights (convertible or footless for the option to dance barefoot)

Hip-Hop - black jazz sneakers (*Bloch* brand name preferred), black leotard, jazz pants or shorts (but must wear tights under), tank tops or fitted shirts optional

Modern - black leotard, black or pink footless or convertible tights. No shoes are required as modern dance is performed barefoot.

Musical Theatre - black jazz shoes (slip-on), comfortable black pants and fitted shirt, or any dance attire that is black in color.

Gymnastics - black leotard, white tights (footless or convertible) no shirts allowed. No shoes are required. (Boys: white undershirt & black pants or shorts)

Baton - white canvas sneakers, shorts or jazz pants, fitted shirt or leotard (nothing too baggy), baton specific to each student's measurements

Pilates & Yoga - comfortable shirt, yoga or jazz pants (no short-shorts please), floor mat and weights, if applicable; No shoes are required.

All Fitness Classes - well supported sneakers and socks, t-shirt or tank top, comfortable shorts or pants, & Individual floor mat.

Combo Classes - refer to Ballet for Ballet/Tap/ Jazz classes & refer to Jazz for Tap/Jazz & Hip-Hip/Jazz

DYNAMIX FACULTY

DANA L. FLOK - Artistic Director / Dance Instructor

PAULA GABRIEL - Fitness Instructor

AMALA GAMEELA - Belly dance Instructor

ROBIN GUALTIERI - Yoga Instructor

CASSIE HALKO - Baton & Twirling Instructor

DANIELLE HANE - Dance Instructor / Office Asst.

JACKIE KOKOLUS - Jazz/Lyrical & Musical Theatre Instructor

TARA LOWE - Gymnastics Instructor

CHRIS RUTKOWSKI - Yoga Instructor

AMY STEFANIDES - Pilates Instructor

SONIA STROCKYJ - Latin Dance, Ballroom, Fitness Instructor

MASTER TEACHERS

DOMINICK BOYD - Master Hip-Hop Teacher

THOMAS HANNER - Master Ballet Teacher

BIRTHDAY PARTIES

@ DYNAMIX

CHOOSE FROM:

Ballet, Gymnastics, Hip-Hop, & Creative Movement

FOR \$130, YOUR PARTY WILL INCLUDE:

- A 45 minute to an hour class, depending on the age of the child
- 45 minutes in the "Party" room for cake and presents
- Party amenities, such as, Decorations, Paper Plates, Tablecloth, ect.
- Invitations for Up to 8 guests (over 8, \$10 per child)
- Free DYNAMIX T-Shirt for the Guest of Honor
- Party Favors for all guests

Feel free to invite parents of party guests, as we do have parent viewing windows to watch the class portion of the party.

CALL 610-814-6000